

Memoreal Anteunis 26: Session: 1: COACH evaluation sheet for TEAM: STW

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ 08:45 The listed starttimes are indicative!

Coaches: Lammens Tim

Coaches: Goossens Nicole HEADCOACH

Coaches: Vandermeulen Eric

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 50M BREASTSTROKE WOMEN 11-17			Heat:1, starttime: 09:00
Heat: 1/11 Lane : 3 Athlete: VERCAUTEREN LIENA			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
PB	2 5 M	5 0 M	
		no time	
	no time		
			

Coach feedback:

Event number: 1: 50M BREASTSTROKE WOMEN 11-17			Heat:7, starttime: 09:08
Heat: 7/11 Lane : 9 Athlete: WULLAERT LIESE			Q-time: 00:43:10
PB (25m pool): 00:43.10 Sportoase De Watermolen 21/07/2026			PB (50m pool): 00:44.23 SB: no time
PB	2 5 M	5 0 M	
		00:43.10	
	00:43.10		
			

Coach feedback:

Event number: 2: 50M BREASTSTROKE MEN 11-17			Heat:7, starttime: 09:21
Heat: 7/10 Lane : 4 Athlete: BOURDIAUDHY THIBAU			Q-time: 00:36:08
PB (25m pool): 00:36.08 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 00:36.08 SB: no time
PB	2 5 M	5 0 M	
		00:36.08	
	00:36.08		
			

Coach feedback:

Memoreal Anteunis 26: Session: 1: COACH evaluation sheet for TEAM: STW

Event number: 2: 50M BREASTSTROKE MEN 11-17			Heat:8, starttime: 09:22
Heat: 8/10 Lane : 6 Athlete: BEN AYAD NAOUFAL			Q-time: 00:33:55
PB (25m pool): 00:33.55 Sportoase De Watermolen 21/07/2026 PB (50m pool): 00:34.26 SB: no time			
	2 5 M	5 0 M	
PB		00:33.55	
	00:33.55		
			

Coach feedback:

Event number: 2: 50M BREASTSTROKE MEN 11-17			Heat:10, starttime: 09:24
Heat: 10/10 Lane : 3 Athlete: VAN GOETHEM ARTHUR			Q-time: 00:32:97
PB (25m pool): 00:32.97 Sportoase De Watermolen 21/07/2026 PB (50m pool): 00:35.16 SB: no time			
	2 5 M	5 0 M	
PB		00:32.97	
	00:32.97		
			

Coach feedback:

Event number: 3: 50M FREESTYLE WOMEN 11-17			Heat:5, starttime: 09:30
Heat: 5/16 Lane : 4 Athlete: DE HERT JANNE			Q-time: 00:34:72
PB (25m pool): no time PB (50m pool): 00:34.72 SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 3: 50M FREESTYLE WOMEN 11-17			Heat:5, starttime: 09:30
Heat: 5/16 Lane : 8 Athlete: VAN DE VYVERE LENA			Q-time: 00:35:27
PB (25m pool): 00:35.27 Zottegem 01/03/2026 PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		00:35.27	
	00:35.27		
			

Coach feedback:

Memoreal Anteunis 26: Session: 1: COACH evaluation sheet for TEAM: STW

Event number: 3: 50M FREESTYLE WOMEN 11-17			Heat:6, starttime: 09:31
Heat: 6/16 Lane : 1 Athlete: ROGIERS LOTTE			Q-time: 00:34:26
PB (25m pool): 00:34.26 Durmehal 28/02/2026			PB (50m pool): 00:35.07 SB: no time
	2 5 M	5 0 M	
PB		00:34.26	
		00:34.26	
			

Coach feedback:

Event number: 3: 50M FREESTYLE WOMEN 11-17			Heat:10, starttime: 09:35
Heat: 10/16 Lane : 6 Athlete: VAN HUL EMMA			Q-time: 00:31:22
PB (25m pool): 00:31.22 Sint-Amandsberg 19/10/2025			PB (50m pool): 00:31.79 SB: no time
	2 5 M	5 0 M	
PB		00:31.22	
		00:31.22	
			

Coach feedback:

Event number: 3: 50M FREESTYLE WOMEN 11-17			Heat:10, starttime: 09:35
Heat: 10/16 Lane : 9 Athlete: JANSSENS STERRE			Q-time: 00:31:49
PB (25m pool): 00:31.49 Sportoase De Watermolen 21/07/2026			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:31.49	
		00:31.49	
			

Coach feedback:

Event number: 3: 50M FREESTYLE WOMEN 11-17			Heat:11, starttime: 09:35
Heat: 11/16 Lane : 2 Athlete: PUNZO MICHELLE			Q-time: 00:30:76
PB (25m pool): 00:30.76 Sint-Amandsberg 19/10/2025			PB (50m pool): 00:31.60 SB: no time
	2 5 M	5 0 M	
PB		00:30.76	
		00:30.76	
			

Coach feedback:

Memoreal Anteunis 26: Session: 1: COACH evaluation sheet for TEAM: STW

Event number: 3: 50M FREESTYLE WOMEN 11-17			Heat:12, starttime: 09:36
Heat: 12/16 Lane : 3 Athlete: LAMMENS ALIX			Q-time: 00:30:11
PB (25m pool): 00:29.97 EEKLO 04/10/2026			PB (50m pool): 00:31.02 SB: 00:29.97 EEKLO 04/10/2026
	2 5 M	5 0 M	
PB		00:29.97	
		00:29.97	
			

Coach feedback:

Event number: 3: 50M FREESTYLE WOMEN 11-17			Heat:13, starttime: 09:37
Heat: 13/16 Lane : 0 Athlete: VAN DAELE JOSEFIEN			Q-time: 00:29:88
PB (25m pool): 00:29.88 Sportoase De Watermolen 21/07/2026			PB (50m pool): 00:30.30 SB: 00:30.12 EEKLO 04/10/2026
	2 5 M	5 0 M	
PB		00:29.88	
		00:29.88	
			

Coach feedback:

Event number: 3: 50M FREESTYLE WOMEN 11-17			Heat:13, starttime: 09:37
Heat: 13/16 Lane : 1 Athlete: DE BRABANDER CELESTE			Q-time: 00:29:80
PB (25m pool): 00:29.80 Sint-Amandsberg 19/10/2025			PB (50m pool): 00:29.99 SB: 00:29.88 EEKLO 04/10/2026
	2 5 M	5 0 M	
PB		00:29.80	
		00:29.80	
			

Coach feedback:

Event number: 3: 50M FREESTYLE WOMEN 11-17			Heat:14, starttime: 09:38
Heat: 14/16 Lane : 2 Athlete: WULLAERT FIEN			Q-time: 00:28:39
PB (25m pool): 00:28.34 EEKLO 04/10/2026			PB (50m pool): 00:28.98 SB: 00:28.34 EEKLO 04/10/2026
	2 5 M	5 0 M	
PB		00:28.34	
		00:28.34	
			

Coach feedback:

Memoreal Anteunis 26: Session: 1: COACH evaluation sheet for TEAM: STW

Event number: 3: 50M FREESTYLE WOMEN 11-17			Heat:16, starttime: 09:40
Heat: 16/16 Lane : 7 Athlete: DELPORTE LOTTE			Q-time: 00:28:46
PB (25m pool): 00:28.46 Sportoase De Watermolen 21/07/2026 PB (50m pool): 00:29.88 SB: 00:28.61 EEKLO 04/10/2026			
	2 5 M	5 0 M	
PB		00:28.46	
		00:28.46	
			

Coach feedback:

Event number: 4: 50M FREESTYLE MEN 11-17			Heat:3, starttime: 09:43
Heat: 3/13 Lane : 4 Athlete: MARTENS YWEIN			Q-time: 00:34:65
PB (25m pool): 00:34.65 Sinbad 26/05/2024 PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		00:34.65	
		00:34.65	
			

Coach feedback:

Event number: 4: 50M FREESTYLE MEN 11-17			Heat:3, starttime: 09:43
Heat: 3/13 Lane : 5 Athlete: COGEN ALEX			Q-time: 00:34:67
PB (25m pool): 00:34.67 Dendermonde. 22/11/2025 PB (50m pool): 00:32.91 SB: no time			
	2 5 M	5 0 M	
PB		00:34.67	
		00:34.67	
			

Coach feedback:

Event number: 4: 50M FREESTYLE MEN 11-17			Heat:9, starttime: 09:49
Heat: 9/13 Lane : 3 Athlete: ROGIERS LOUIS			Q-time: 00:28:54
PB (25m pool): 00:28.54 Sportoase De Watermolen 21/07/2026 PB (50m pool): 00:29.83 SB: 00:28.62 EEKLO 04/10/2026			
	2 5 M	5 0 M	
PB		00:28.54	
		00:28.54	
			

Coach feedback:

Memoreal Anteunis 26: Session: 1: COACH evaluation sheet for TEAM: STW

Event number: 4: 50M FREESTYLE MEN 11-17			Heat:10, starttime: 09:50
Heat: 10/13 Lane : 7 Athlete: BOURDIAUDHY THIBAU			Q-time: 00:28:16
PB (25m pool): 00:26.98 EEKLO 04/10/2026			PB (50m pool): 00:29.03 SB: 00:26.98 EEKLO 04/10/2026
	2 5 M	5 0 M	
PB		00:26.98	
		00:26.98	
			

Coach feedback:

Event number: 4: 50M FREESTYLE MEN 11-17			Heat:10, starttime: 09:50
Heat: 10/13 Lane : 9 Athlete: VAN HOEY BILLIET RAPHAËL			Q-time: 00:28:34
PB (25m pool): 00:26.83 EEKLO 04/10/2026			PB (50m pool): 00:27.61 SB: 00:26.83 EEKLO 04/10/2026
	2 5 M	5 0 M	
PB		00:26.83	
		00:26.83	
			

Coach feedback:

Event number: 4: 50M FREESTYLE MEN 11-17			Heat:11, starttime: 09:51
Heat: 11/13 Lane : 0 Athlete: VAN GOETHEM ARTHUR			Q-time: 00:27:35
PB (25m pool): 00:27.35 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 00:27.93 SB: no time
	2 5 M	5 0 M	
PB		00:27.35	
		00:27.35	
			

Coach feedback:

Event number: 4: 50M FREESTYLE MEN 11-17			Heat:12, starttime: 09:52
Heat: 12/13 Lane : 8 Athlete: VERHAGEN TOON			Q-time: 00:27:05
PB (25m pool): 00:26.78 EEKLO 04/10/2026			PB (50m pool): 00:28.53 SB: 00:26.78 EEKLO 04/10/2026
	2 5 M	5 0 M	
PB		00:26.78	
		00:26.78	
			

Coach feedback:

Memoreal Anteunis 26: Session: 1: COACH evaluation sheet for TEAM: STW

Event number: 4: 50M FREESTYLE MEN 11-17			Heat:13, starttime: 09:52
Heat: 13/13 Lane : 2 Athlete: VANHAVERE DAAN			Q-time: 00:26:48
PB (25m pool): 00:26.48 Sportoase De Watermolen 21/07/2026 PB (50m pool): 00:28.86 SB: 00:26.82 EEKLO 04/10/2026			
	2 5 M	5 0 M	
PB		00:26.48	
		00:26.48	
			

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11-17			Heat:10, starttime: 10:03
Heat: 10/11 Lane : 0 Athlete: DE SMET AMÉLIE			Q-time: 00:32:63
PB (25m pool): 00:32.57 EEKLO 04/10/2026 PB (50m pool): 00:34.06 SB: 00:32.57 EEKLO 04/10/2026			
	2 5 M	5 0 M	
PB		00:32.57	
		00:32.57	
			

Coach feedback:

Event number: 7: 50M BACKSTROKE WOMEN 11-17			Heat:3, starttime: 10:20
Heat: 3/11 Lane : 9 Athlete: VERCAUTEREN LIENA			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
		no time	
			

Coach feedback:

Event number: 7: 50M BACKSTROKE WOMEN 11-17			Heat:4, starttime: 10:22
Heat: 4/11 Lane : 5 Athlete: DE HERT JANNE			Q-time: 00:43:17
PB (25m pool): no time PB (50m pool): 00:43.17 SB: no time			
	2 5 M	5 0 M	
PB		no time	
		no time	
			

Coach feedback:

Memoreal Anteunis 26: Session: 1: COACH evaluation sheet for TEAM: STW

Event number: 7: 50M BACKSTROKE WOMEN 11-17			Heat:6, starttime: 10:25
Heat: 6/11 Lane : 2 Athlete: VAN HUL EMMA			Q-time: 00:39:21
PB (25m pool): 00:39.21 Sint-Amandsberg 19/10/2025			PB (50m pool): 00:39.94 SB: no time
	2 5 M	5 0 M	
PB		00:39.21	
		00:39.21	
			

Coach feedback:

Event number: 7: 50M BACKSTROKE WOMEN 11-17			Heat:6, starttime: 10:25
Heat: 6/11 Lane : 8 Athlete: JANSSENS STERRE			Q-time: 00:39:76
PB (25m pool): no time			PB (50m pool): 00:39.76 SB: no time
	2 5 M	5 0 M	
PB		no time	
		no time	
			

Coach feedback:

Event number: 7: 50M BACKSTROKE WOMEN 11-17			Heat:7, starttime: 10:27
Heat: 7/11 Lane : 4 Athlete: ROGIERS LOTTE			Q-time: 00:37:95
PB (25m pool): 00:37.95 Sportoase De Watermolen 21/07/2026			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:37.95	
		00:37.95	
			

Coach feedback:

Event number: 7: 50M BACKSTROKE WOMEN 11-17			Heat:7, starttime: 10:27
Heat: 7/11 Lane : 7 Athlete: PUNZO MICHELLE			Q-time: 00:38:40
PB (25m pool): 00:38.40 Durmehal 27/09/2026			PB (50m pool): 00:41.51 SB: 00:38.40 Durmehal 27/09/2026
	2 5 M	5 0 M	
PB		00:38.40	
		00:38.40	
			

Coach feedback:

Memoreal Anteunis 26: Session: 1: COACH evaluation sheet for TEAM: STW

Event number: 7: 50M BACKSTROKE WOMEN 11-17			Heat:9, starttime: 10:30
Heat: 9/11 Lane : 7 Athlete: WULLAERT FIEN			Q-time: 00:33:57
PB (25m pool): 00:33.57 Sportoase De Watermolen 21/07/2026 PB (50m pool): 00:34.75 SB: 00:34.03 EEKLO 04/10/2026			
	2 5 M	5 0 M	
PB		00:33.57	
		00:33.57	
			

Coach feedback:

Event number: 7: 50M BACKSTROKE WOMEN 11-17			Heat:11, starttime: 10:32
Heat: 11/11 Lane : 7 Athlete: DELPORTE LOTTE			Q-time: 00:32:92
PB (25m pool): 00:32.92 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 00:33.72 SB: 00:33.18 EEKLO 04/10/2026			
	2 5 M	5 0 M	
PB		00:32.92	
		00:32.92	
			

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 11-17			Heat:7, starttime: 10:43
Heat: 7/9 Lane : 0 Athlete: VERHAGEN TOON			Q-time: 00:33:63
PB (25m pool): 00:33.63 Temse 21/12/2025 PB (50m pool): 00:35.11 SB: no time			
	2 5 M	5 0 M	
PB		00:33.63	
		00:33.63	
			

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 11-17			Heat:7, starttime: 10:43
Heat: 7/9 Lane : 1 Athlete: VAN HOEY BILLIET RAPHAËL			Q-time: 00:32:25
PB (25m pool): 00:32.25 Sint-Amandsberg 19/10/2025 PB (50m pool): 00:32.74 SB: no time			
	2 5 M	5 0 M	
PB		00:32.25	
		00:32.25	
			

Coach feedback:

Memoreal Anteunis 26: Session: 1: COACH evaluation sheet for TEAM: STW

Event number: 9: 400M FREESTYLE WOMEN 11-17							Heat:6, starttime: 11:22	
Heat: 6/12 Lane : 0 Athlete: WULLAERT LIESE							Q-time: 05:38:34	
PB (25m pool): 05:49.25 Meulebeke 10/05/2026				PB (50m pool): 05:38.34SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:22.04		no time		02:51.85
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:49.25
								

Coach feedback:

Event number: 9: 400M FREESTYLE WOMEN 11-17							Heat:6, starttime: 11:22	
Heat: 6/12 Lane : 9 Athlete: VAN DE VYVERE LENA							Q-time: 05:41:18	
PB (25m pool): 05:41.18 Meulebeke 10/05/2026				PB (50m pool): 06:00.93SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:20.40		no time		02:46.75
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:41.18
								

Coach feedback:

Event number: 9: 400M FREESTYLE WOMEN 11-17							Heat:10, starttime: 11:46	
Heat: 10/12 Lane : 8 Athlete: VAN DAELE JOSEFIEN							Q-time: 04:59:08	
PB (25m pool): 05:04.43 Gent 23/02/2025				PB (50m pool): 04:59.08SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:34.40		01:10.95		01:49.56		02:28.87
	00:34.40		00:36.55		00:38.61		00:39.31	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:08.17		03:47.10		04:25.87		05:04.43
	00:39.30		00:38.93		00:38.77		00:38.56	
								

Coach feedback:

Memoreal Anteunis 26: Session: 1: COACH evaluation sheet for TEAM: STW

Event number: 9: 400M FREESTYLE WOMEN 11-17							Heat:11, starttime: 11:51	
Heat: 11/12 Lane : 1 Athlete: DE SMET AMÉLIE							Q-time: 04:55:27	
PB (25m pool): 04:57.09 Sint-Niklaas 11/01/2026				PB (50m pool): 04:55.27 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:09.76		no time		02:25.44
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		04:57.09
								

Coach feedback:

Event number: 9: 400M FREESTYLE WOMEN 11-17							Heat:11, starttime: 11:51	
Heat: 11/12 Lane : 4 Athlete: LAMMENS ALIX							Q-time: 04:50:40	
PB (25m pool): 04:53.05 EEKLO 04/10/2026				PB (50m pool): 04:50.40SB: 04:53.05 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:08.32		no time		02:22.54
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		04:53.05
								

Coach feedback:

Event number: 9: 400M FREESTYLE WOMEN 11-17							Heat:12, starttime: 11:57	
Heat: 12/12 Lane : 2 Athlete: DE BRABANDER CELESTE							Q-time: 04:40:92	
PB (25m pool): 04:40.92 Sportoase De Watermolen 21/07/2026 PB (50m pool): 04:55.65SB: no time								
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:31.76		01:06.42		01:42.39		02:18.21
	00:31.76		00:34.66		00:35.97		00:35.82	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		02:54.44		03:30.17		04:06.15		04:40.92
	00:36.23		00:35.73		00:35.98		00:34.77	
								

Coach feedback:

Memoreal Anteunis 26: Session: 1: COACH evaluation sheet for TEAM: STW

Event number: 10: 400M FREESTYLE MEN 11-17							Heat:5, starttime: 12:30	
Heat: 5/10 Lane : 3 Athlete: ROGIERS LOUIS							Q-time: 05:15:01	
PB (25m pool): 05:33.81 T ROSCO 20/10/2024				PB (50m pool): 05:15.01 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:36.24		01:18.18		02:00.85		02:44.04
	00:36.24		00:41.94		00:42.67		00:43.19	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:27.78		04:10.94		04:54.20		05:33.81
	00:43.74		00:43.16		00:43.26		00:39.61	
								

Coach feedback:

Event number: 10: 400M FREESTYLE MEN 11-17							Heat:6, starttime: 12:36	
Heat: 6/10 Lane : 8 Athlete: COGEN ALEX							Q-time: 05:12:38	
PB (25m pool): 05:12.38 Meulebeke 10/05/2026				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:14.92		no time		02:35.52
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:12.38
								

Coach feedback:

Event number: 10: 400M FREESTYLE MEN 11-17							Heat:7, starttime: 12:41	
Heat: 7/10 Lane : 3 Athlete: MARTENS YWEIN							Q-time: 04:57:38	
PB (25m pool): 04:57.38 Meulebeke 10/05/2026				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:10.75		no time		02:28.24
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		04:57.38
								

Coach feedback:

Memoreal Anteunis 26: Session: 1: COACH evaluation sheet for TEAM: STW

Event number: 10: 400M FREESTYLE MEN 11-17							Heat:7, starttime: 12:41	
Heat: 7/10 Lane : 5 Athlete: BEN AYAD NAOUFAL							Q-time: 04:56:07	
PB (25m pool): 05:02.75 T ROSCO 20/10/2024				PB (50m pool): 04:56.07 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:34.46		01:11.86		01:50.71		02:29.80
	00:34.46		00:37.40		00:38.85		00:39.09	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:09.06		03:48.12		04:27.47		05:02.75
	00:39.26		00:39.06		00:39.35		00:35.28	
								

Coach feedback:

Event number: 10: 400M FREESTYLE MEN 11-17							Heat:8, starttime: 12:47	
Heat: 8/10 Lane : 2 Athlete: VANHAVERE DAAN							Q-time: 04:46:83	
PB (25m pool): 05:14.92 Gent 23/02/2025				PB (50m pool): 04:46.83SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:35.25		01:14.67		01:55.26		02:35.79
	00:35.25		00:39.42		00:40.59		00:40.53	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:16.34		03:55.62		04:35.62		05:14.92
	00:40.55		00:39.28		00:40.00		00:39.30	
								

Coach feedback: